



REVIEW



June 11, 2021

Principal's Message:

Good afternoon Rouge Park Families,

I hope that you are all well. Here we are in the middle of June! Although things look a lot different this year, we are getting ready to celebrate our Grade 8 students and welcome our new kindergarten students. We want to make sure that our students feel that they matter and belong at Rouge Park.

I want to thank all of you for your continued support throughout the year. We know that this has been a challenging year and your partnership has been critical. I want to send a special thanks to our amazing School Council. Your dedication and support has been so appreciated this year. We hope to see many parents join our School Council next year!

If you need anything at all, please reach out to me by phone or email.

Enjoy your weekend!

Lindsey Maclean

lindsey.maclean@yrdsb.ca

School Council Meeting

Our final meeting of the year will be next Thursday, June 17th @ 6:30 pm. This will predominantly be a social event along with a few school-related updates. This will be a "charcuterie" themed evening so please plan to join us with a snack and drink of your choice. We continue to grow our small council and look forward to seeing more new families at the next meeting. A link will be sent out next week. All are welcome!

Material Retrieval and Technology Return

Students will be given the opportunity to come to Rouge Park on June 25, 28 and 29 in order to retrieve any items that were left at school. As well, on these days, students will need to return any items belonging to the school including technology. More information will follow next week.

School Logo Concept Vote - EVS and F2F - We need your voice!

We are currently developing our school logo and need your help! Please click on this [Logo Survey Link](#) and take a minute to review the logo options then cast your vote. Our final logo will incorporate the elements of the winning concept. Students will be voting in class but we would love to hear from families and all of our EVS students as well. We can't wait to start producing spirit and team clothing for the fall. The deadline to vote is Thursday, June 17th!

Mental Health Resources Available to Families

Ontario has upped their game with some free personal counselling supports for students and families in the last few weeks. Click the links below for more information.

1. [MindBeacon](#)
2. [Free 12-Week Therapist Guided Counselling Program](#). Although the website indicates a cost for this service, is it currently free for all Ontario residents.
3. [What's Up Walk-In Counselling](#) Call 1-866-585-MHTO (6486) M-F between 9am-7pm to be connected with a counsellor for a phone or video counselling session
4. [MOBYSS Virtual Clinic](#) Thursdays, 3-5 p.m. anyone aged 12-25 can access free confidential counselling services by joining Zoom meeting:
5. <https://cmha-yr.zoom.us/j/98702161280?from=addon> Meeting ID: 987 0216 1280 Password: 869125 For more information call: 289-879-2376 or e-mail mobyss@cmha-yr.on.ca

Are You Moving?

We are in the process of setting up for the September start of the 2021-2022 school year. If you know your child/children will be attending another school in September please email or call the school office to let us know.

Please scroll down for additional YRDSB communications.



Coming together to enjoy Summer and prepare for the Fall



In partnership with the York Region District School Board, York Hills Centre for Children, Youth and Families presents...

RESET AND RECHARGE - HOW TO RECONNECT WITH YOUR FAMILY AND SET UP FOR A SUCCESSFUL SUMMER!

Presented by: Salwa Mawji (York Hills Clinical Navigator) and Ameena Ali (YRDSB Social Worker)

What a school year it has been! With the back and forth from face to face to online, and the uncertainty of imminent lock downs, this was a year like no other. Now, as the weather begins to warm and the summer begins, we recognize that parents/caregivers and children/youth, might have questions about what the summer will bring. This webinar aims to talk about the transition from school to summer, and provide parents/caregivers, with the skills and techniques to reconnect with their children in a supportive and fun way.

 **Thursday July 8 | 6:30PM-8:00PM | Zoom**

LETTING GO! FOSTERING SELF-COMPASSION AND SELF-CARE IN THE MIDST OF ANTICIPATED CHANGES AND CHALLENGES THAT MAY LIE AHEAD

Presented by: Phoebe Chan (York Hills Child and Family Therapist) and Ameena Ali (YRDSB Social Worker)

Feeling stressed out? Is the uncertainty of anticipated changes wearing you down? Being a parent/caregiver during these unprecedented times can be difficult. Being kind to yourself is more important than ever. This webinar aims to provide strategies for fostering self-compassion and the importance of caring for your own mental and physical well-being. In this webinar you will specifically learn how to be in tune with your own mental health and well-being in order to support your children and youth.

 **Thursday July 29 | 6:30PM-8:00PM | Zoom**

RIGHT FOOT FORWARD - HOW TO START SCHOOL OFF ON THE RIGHT FOOT

Presented by: Joanna Allison (York Hills Child and Family Therapist) and Elana Presement (YRDSB Social Worker)

The past two school years have been unpredictable for parents, children and youth. You may be asking yourself, "What will school look like in September?" It is common for parents/caregivers to experience anxiety and uncertainty related to academics, social and emotional well-being, and attending in-person or virtual learning. The same can be said for children and youth. This webinar will help you feel empowered in your role as a parent/caregiver navigating back to school routines and ensuring that your child has a smooth transition to the new school year.

 **Thursday August 12 | 6:30PM-8:00PM | Zoom**

CHECKING IN - HOW'S IT GOING SO FAR IN THIS SCHOOL YEAR?

Presented by: Laurie Blow (York Hills Intensive Child and Family Worker) and Elana Presement (YRDSB Social Worker)

One month down, things are not going as planned at school. Now what? Join us to discuss what did and didn't work and how to troubleshoot for the future. Recognize that all plans need a back up, and we are here to support you in discovering some new ways of being and tackling these obstacles. Parents/caregivers will walk away with information and tools to help their child(ren) feel confident and successful, no matter that changes or transitions, and will learn ways to empower children/youth to find their voice at school and at home.

 **Thursday October 7 | 6:30PM-8:00PM | Zoom**

Register at
www.yorkhillscentre.eventbrite.ca
or scan the barcode!



905-503-9560
www.yorkhills.ca
Find us on:   



Thinking of becoming a Licensed Home Child Care Provider?

If you love working with children and want to provide quality, licensed home child care in York Region, join our online information session to:



EXPLORE York Region programs and services and available supports



LEARN about becoming a licensed home child care provider from a licensed agency and provider



PARTICIPATE in a professional development workshop

York Region supports you in providing quality child care.

Wednesday, June 16, 2021, 6:30 p.m. to 8 p.m.

Learn more and sign up at york.ca/homechildcare



york.ca/children
#StartswithkidsYR

